

Product Specification Sheet – Curry Flavours Spice Mix

Title Paneer Tikka Masala (Cottage Cheese & Capsicums) Spice Mix

Level Medium 

Overview: - Paneer tikka masala is a dish of chunks of paneer (cottage cheese) in a spiced onion and tomato-based curry sauce. The sauce is usually creamy and orange-coloured. Also known by the name of Paneer Masala

Also, pairs with Beef, Vegetables, Seafood, Lamb & Potatoes.

What you'll need	Diced Paneer (Cottage Cheese – Use Ricotta as Substitute if Desired) Thickened Cream Green Capsicums (Optional – Medium 20x20mm Diced)
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Instructions to Prepare

See Quantities as per below table.
<ol style="list-style-type: none"> 1. Add Oil and water, 2. Add paneer pieces and spice mix and stir well 3. Add diced capsicums (Optional - Diced into large bite sized chunks) 4. Finally add thickened cream and simmer off. Simmer on low heat. 5. Paneer Tikka Masala ready to serve

Spice Mix	100grams	1kg
Cooking Oil	70ml	700 ml
Water	500ml	5 Ltr's
Diced Paneer (Cottage Cheese – Use Ricotta as Substitute if Desired)	1 Kg	10 Kg
Spice Mix	100 grams	1 kg
Capsicums (Optional – Medium 20x20mm Diced)	50 grams	500 grams
Thickened Cream	200ml	2 Ltr's
Cook Loss	5%	5%
Total Yield	1.8 Kg	18 Kg

Pack	Retail Pack	Food Service Pack
Weight	100 grams	1 kg
Price per pack		
Serves	8 serves	80 serves
Yield	1.75 kg	17.5 kg
Barcode	9348630001044	9348630002041

- Hint:-**
1. For a Healthier option, use fresh or carnation milk instead of thickened cream.
 2. Garnishing with Coriander leaves and Ginger juliennes
 3. Add a dollop of Butter while cooking for a better taste

Ingredients: - Dehydrated vegetables (tomato, green bell pepper, garlic, onion), maltodextrin (maize), sugars, spices (fenugreek, ginger, cardamom, cloves, coriander, cumin, turmeric, thickener (1422), salt, acidity regulator (330), colour (160c), canola oil, flavour (milk)

Allergens: - Milk

Nutritional Information

	Per 100 grams
Energy	1422kj
Protein	8.1g
Fat, total	3.3g
Fat, saturated	0.5g
Carbohydrates	64.3g
Sugars	31.8g
Dietary Fibre	8.3g
Sodium	2201mg



Food Safety System in place



Bain- Marie Stable

Held Covered For no More Than 4 Hours



Freeze-Thaw Stable

Thawed under 0-5°C Chilled Conditions



Cook Chill Stable

When Prepared As Per Directions, Chilled



Below 0-5°C, then reheated

Nut free Range



Our Details

Curry Flavours

12 Jusfrute Drive

West Gosford NSW 2250

Email admin@curryflavours.com.au

Website www.curryflavours.com.au

Phone: 1300 2 CURRY (1300 2 28779)

Storage For Maximum Freshness, Store In A Cool Dry Place